**RYS 200 COMPARISON**

### OVERALL OPERATIONAL MODEL

**2019 CURRENT**
- Hours-Based* by Educational Category
  - 125 Educational Category
  - 55 Elective
  - 20 Flexible

**NEW 2020**
- Hours + Competencies-Based by Core Curriculum
  - 200 Classroom
  - 160 In-Person Classroom (min.)
  - 40 Online Classroom (max.)

*All hours must be Contact with the exception of Flexible Hours, which may be Contact or Non-Contact

### CURRICULUM MODEL

**2019 CURRENT**
- 5 Educational Categories with minimal consistent curriculum
- No defined competencies
- No required assessment by the RYS of trainees

**NEW 2020**
- 4 common Core Curriculum categories
- 13 defined competencies
- Required assessment by the RYS of trainees according to:
  - Knowledge
  - Skills
  - Experience

### ONLINE LEARNING

**2019 CURRENT**
- 40 allowed hours
  - Anatomy & Physiology
  - Anatomy, Physiology, Biomechanics
  - Yoga Humanities
  - History, Philosophy, Ethics

**NEW 2020**
- (up to) 40 allowed hours
- 20 (of 30) hours
- 20 (of 30) hours

### LEAD TRAINER REQUIREMENT

**2019 CURRENT**
- The Lead Trainer can hold one of the two below credentials:
  - E-RYT 200 or E-RYT 500

**NEW 2020**
- The Lead Trainer must hold the credential below:
  - E-RYT 500 By Feb 2022

- 200
- 150 of 200 hours
- ...must be taught by the Lead Trainer

### SHARED ETHICAL COMMITMENT AMONG RYT

- Scope of Practice
- Code of Conduct
- Equity in Yoga