Graduate from RYS 300 or RYS 500

Earn specialty credential (RPYT, RCYT)

Become a Continuing Education Provider

Commit to 30 Continuing Education credits over 3 years

Pursue lifetime of learning as yoga student and teacher

BEGINNING FEBRUARY 2020
Agree to shared Ethical Commitment
- Scope of Practice
- Code of Conduct
- Equity in Yoga

Apply for RYT 200 Credential

RYT 200

Teach 1,000 hours (min.) across 2 or more years

Graduate from RYS™ 200

Teach 2,000 hours (min.) across 4 or more years, with 500 hours occurring after RYS 200 or RYS 500 graduation

Future consideration by Yoga Alliance and yoga community for new specialty credentials

Earn specialty credential (RPYT, RCYT)

Become Assistant Teacher Trainer

Become Lead Trainer

Future consideration by Yoga Alliance and yoga community for mastery level credentials

Scope of Practice
Code of Conduct
Equity in Yoga

Journey from Foundational to Professional Credentials

Teach 1,000 hours (min.) across 2 or more years

Graduate from RYS™ 200

Teach 2,000 hours (min.) across 4 or more years, with 500 hours occurring after RYS 200 or RYS 500 graduation

Future consideration by Yoga Alliance and yoga community for new specialty credentials

Agree to shared Ethical Commitment
- Scope of Practice
- Code of Conduct
- Equity in Yoga

E-RYT 200

RYT 500

E-RYT 500