**ENHANCED LEAD TRAINER REQUIREMENTS**
For NEW RYS 200 Standards

**Current Standards**
The up-to-two Lead Trainers can hold one of the two below credentials:

**E-RYT 200 or E-RYT 500**

65 of 200 hours

...must be taught by the Lead Trainer

**New Standards** – by February 2022

The up-to-five Lead Trainers must hold the credential below:

**E-RYT 500**

150 of 200 hours

...must be taught by the Lead Trainer

**Why elevate Lead Trainer standards?**
- To ensure that those new to yoga teaching will be guided and supported by teachers who have a deep familiarity with yoga’s full breadth and depth
- To promote consistency, quality, and safety in training, teaching, and delivering yoga throughout our communities

**When will these changes take effect?**
- February 2022

**Why?**
- To allow for more than more than 24 months for RYSs and RYTds to plan and prepare

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**Sample Pathway to get to E-RYT 500 Status**

- You graduated from an RYS 200 prior to February 2018.
- You register for and graduate from an RYS 300 prior to February 2021.
- Each week, you teach an average of 10 hour-long classes through February 2022 to accumulate 500 post-RYS 300 hours of teaching, added on to your 1,500+ hours of teaching since February 2018.